



Tulane University Hospital and Clinic Tulane Education Resource Center Tulane Hospital for Children

Present
Annual Nursing Conference

Innovations in Professional Nursing Practice:

Current Perspectives in Pediatric Pain Management -

"No Pain, More Gain"

Friday and Saturday, April 8 & 9, 2005

Programs courtesy of New Orleans Metropolitan Convention and Visitors Bureau, Inc. Photographers: Carl Purcell, Richard Nowitz

Course

Description:

Ease Your Pain in the Big Easy, Spring 2005 during French Quarter Festival! This conference will provide an opportunity for nurses and other healthcare professionals to engage in informative exchanges regarding pain and pain management. Attendees will examine the concept of pain and review research in pain management and the phenomenon of pain. Patients and healthcare providers will discuss assessment and evaluation of pain, various nursing, pharmaceutical, medical and alternative interventions and the associated challenges.

Target Audience:

This activity is of particular interest to registered nurses, child life specialists as well as other healthcare professionals who manage pain on a daily basis in their practice with adult and pediatric patients.

Program Objectives:

At the end of this conference, participants will be able to:

1. Examine the concept of pain and review the history of pediatric pain management.
2. Identify key components to the assessment and evaluation of pediatric pain, i.e., focusing the assessment based on the patient's age and level of growth and development.
3. Discuss the pain assessment process and utilization of findings.
4. Discuss a measure to minimize anxiety and pain by using an illusion to create an authentic experience of nature in the healthcare environment.
5. Discuss current drug regimens that work for children based on diagnosis, age and level of growth and development, including use of the PCA pump in children.
6. Discuss the pharmacist's role in pain management.
7. Examine alternative/non-pharmacological treatment modalities including healing touch, positioning for comfort, guided imagery and self care of the caregiver.
8. Examine various perspectives on pain and pain management and the importance of collaborating to meet the pain management needs of the child.
9. Review the guiding principles of pain management.
10. Recognize the need to include the various factors that influence pain and pain management in the plan.

PROGRAM

DAY 1 – Friday, April 8, 2005

7:00am	Registration/Continental Breakfast
8:00am	Welcome/Introduction – Nancy Schryer, RN, MSN Regency Ballroom B and C
8:15am	Opening Session – <i>Let Us Tell You About Our Pain</i> Jeremy Juneau and Alexandria White Regency Ballroom B and C
8:45am	Keynote – <i>History of Pediatric Pain Management</i> Margo McCaffery, RN, MS, FAAN Regency Ballroom B and C
9:30am	General Session – <i>Assessment of Pediatric Pain</i> Joann Eland, PhD, RN, FNAP, FAAN Regency Ballroom B and C
10:30am	BREAK/Exhibit Hall open Regency Ballroom A
11:00am	Panel Discussion – <i>History and Assessment of Pediatric Pain</i> Margo McCaffery and Joann Eland Regency Ballroom B and C
11:30am	LUNCH (provided)/Exhibit Hall open Regency Ballroom A
12:30pm	General Session – <i>Pharmacological Interventions</i> Venita Papillion, PharmD and Nicole Pichon, PharmD Regency Ballroom B and C
1:30pm	Mini Session - <i>Sky Ceilings: Engaging Young Patients with the Beauty and Healing Properties of Nature</i> - Bill Witherspoon (30 minutes) Regency Ballroom A
2:00pm	Concurrent Sessions • <i>Healing Touch</i> – Becky McKee, LCSW, LMT • <i>Positioning for Comfort</i> – Landra Slaughter, RN and Mary Barkey, MA, CCLS • <i>The Journey Inward...Guided Imagery, Pathway to Healing</i> – Nadine Roberts, BA, CCLS • <i>Heal Thyself</i> - Joann Eland, PhD, RN, FNAP, FAAN

3:00pm	Evaluation
3:15–5:00pm	Exhibit Hall open Mini Session (repeated) - <i>Sky Ceilings: Engaging Young Patients with the Beauty and Healing Properties of Nature</i> - Bill Witherspoon (30 minutes) Regency Ballroom A

DAY 2 – Saturday, April 9, 2005

7:00am	Registration Continental Breakfast/Exhibit Hall Open Regency Ballroom A, B and C
7:45am	Welcome Regency Ballroom B and C
8:00am	General Session/Panel: <i>Realities of a Child's Pain and Responding to the Realities</i> René Guilbeau, BS, CCLS, Laurie Finger, MN, APRN, CCRN, CCNS, Marta Rozans, MD, PhD, Jeff Tully (parent) and Alexandria White (patient) Regency Ballroom B and C
9:00am	BREAK/Exhibit Hall open Regency Ballroom A
9:30am	Concurrent Sessions (repeated) • <i>Healing Touch</i> – Becky McKee, LCSW, LMT • <i>Positioning for Comfort</i> – Landra Slaughter, RN and Mary Barkey, MA, CCLS • <i>The Journey Inward...Guided Imagery, Pathway to Healing</i> – Nadine Roberts, BA, CCLS • <i>Heal Thyself</i> - Joann Eland, PhD, RN, FNAP, FAAN
10:45am	Closing Session: <i>Optimal Treatment of Pediatric Pain: Putting it all Together</i> Linda Oakes, RN, MSN, CCNS Regency Ballroom B and C
12:00noon	Evaluation/Certificates

FACULTY

Faculty for each continuing education activity is selected based on content, expertise, educational preparation and target audience. This includes nurses, physicians, social workers, pharmacists, therapists, managers and executives. In the event that a scheduled speaker is unable to be present, the Tulane Education Resource Center reserves the right to substitute qualified faculty.

Margo McCaffery, RN, MS, FAAN, Keynote speaker is a renowned nurse researcher and consultant on the nursing care of patients with pain. She has conducted programs throughout the United States and internationally. Ms. McCaffery is the author of several books, most recently, *Pain: Clinical Manual*, ed.2, co-authored with Chris Pasero, Mosby, 1999. She is currently an honorary member of the World Health Organization's Expert Committee on Cancer Pain Relief and Active Supportive Care.

Joann M. Eland, PhD, RN, FNAP, FAAN. General session speaker, is an associate Professor of Nursing, College of Nursing, The Iowa State University, Iowa City, Iowa. Dr. Eland has received numerous awards for her work in the management of pediatric pain. She was the recipient of the Robert A. Milch Award for Palliative Pain and Symptom Management, Children's Hospice International, 2003. She is currently on the Board of Directors for the Iowa Pain Management Initiative. Dr. Eland is on the editorial boards of various journals including the *Journal of Pediatric Clinical Nursing* and *Pain*; and, is a manuscript reviewer for a number of journals among them *Pain Management Nursing* and the *Journal of Clinical Nursing Research*. She has published multimedia presentations on topics related to pediatric pain management and presented her work at conferences internationally.

Linda Oakes, RN, MSN, CCNS. Closing session speaker, is a Pain Clinical Nurse Specialist, St. Jude Children's Research Hospital, Memphis, Tennessee. She has presented at numerous workshops and conferences on pain management.

Mary Barkey, MA, CCLS. Child Life Educator, University Hospitals of Cleveland, Rainbow Babies and Children's Hospital, Cleveland, Ohio

Laurie Finger, MN, APRN, CCRN, CCNS Pediatric Clinical Nurse Specialist, Tulane Hospital for Children at Tulane University Hospital and Clinics, New Orleans, Louisiana

René T. Assetta Guilbeau, BS, CCLS. Child Life Manager, Tulane Hospital for Children at Tulane University Hospital and Clinics, New Orleans, Louisiana

Jeremy Juneau. Member of the Tulane Hospital for Children Kid's Advisory Board, Tulane University Hospital and Clinic, New Orleans

Becky McKee, LCSW, LMT. Social Worker and Massage Therapist, New Orleans, Louisiana

Venita Papillion, PharmD. Clinical Pharmacist and Manager of the Inpatient Pharmacy, Tulane University Hospital and Clinic, New Orleans, Louisiana

Nicole Pichon, PharmD. Pediatric Clinical Pharmacist, Tulane University Hospital and Clinic, New Orleans, Louisiana

Nadine F. Roberts, BA, CCLS. Adolescent Child Life Specialist, The Bristol-Myer Squibb Children's Hospital at Robert Wood Johnson University Hospital, New Brunswick, New Jersey.

Marta Rozans, MD, PhD. Associate Professor, Department of Pediatric, Tulane University Health Sciences Center and Tulane Hospital for Children, Tulane University Hospital and Clinic, New Orleans, Louisiana

Landra A. Slaughter, RN, ASN, CCRC. Clinical Research Coordinator, University Hospitals of Cleveland, Rainbow Babies and Children's Hospital, Cleveland, Ohio

Jeff Tully, Vice President, Customer Services, Tulane University Hospital and Clinic, New Orleans, Louisiana

Alexandria White, Member of the Tulane Hospital for Children Kid's Advisory Board, Tulane University Hospital and Clinic, New Orleans

Bill Witherspoon, President, The Sky Factory, Fairfield, Iowa

CONTINUING EDUCATION CREDIT

This conference for 10.5 contact hours is provided by the Education Resource Center of Tulane University Hospital which is accredited as a provider of continuing education by the American Nurses' Credentialing Center's Commission on Accreditation. LSBN Provider #5. NOTE: Partial credit is not provided for attending parts of this educational activity. The entire activity must be attended to receive continuing education credit (contact hours).

Location/Accommodations: Grand Ballroom, Hyatt Regency Superdome New Orleans.

Special event room rate: \$149 per night, plus applicable tax and service charges. Call for reservation 800-233-1234 (toll-free), 504-561-1234 (local) by March 7, 2005. Reference "Tulane Hospital" to receive the group rate. A limited number of blocked rooms are available so book early. NOTE: Various other hotels and motels are located in close proximity to the Tulane Hospital and Clinic and the conference.

For your indoor comfort during the conference, please bring a sweater or jacket.

Events In and Around New Orleans

French Quarter Festival – April 8 & 9, 2005

If you know what it means to miss New Orleans, then you won't want to miss this local event sponsored by the French Quarter Festival, Inc. (FQFI). You can't get more New Orleans than this free three-day outdoor showcase for hundreds of local musicians on 15 stages throughout the historic Vieux Carré. There are performances from the best – from Dixieland to contemporary, brass bands, classical, Cajun and zydeco, rhythm and blues, gospel and New Orleans Funk. Sample cuisine from nearly 60 of New Orleans' finest restaurants at the Worlds Largest Jazz Brunch, tour private patios, enjoy fireworks over the Mississippi River, participate in children's activities, join in a second line parade, attend an art show, music workshops and lots more. Visit our website www.fqfi.org for more information

NBA Basketball: New Orleans Hornets vs Nuggets – April 6, Jazz - April 8, Trailblazers - April 10, New Orleans Arena.

New Orleans Museum of Art - Opened in 1911, the New Orleans Museum of Art has grown into an invaluable cultural, recreational and educational resource which serves the City of New Orleans and the Gulf South.

National D-Day Museum – The National D-Day Museum is designated by Congress as "America's National World War II Museum".

Louisiana Children's Museum - Find something new and fun to do each time you visit the Louisiana Children's Museum. Explore and experience 30,000 square feet of hands-on fun, engaging exhibits and exciting programs - all designed with curious kids (and grown-ups) in mind.

Harras Casino – 24 hours a day, 7 days a week – In the heart of the world's most captivating and exhilarating city, you'll find the most thrilling gaming entertainment, 24 hours a day.

Aquarium of the Americas – 9:30am – 6pm Sun thru Thurs (7om Fri & Sat) – Recognized as one of the nations' leading aquariums, Audubon Aquarium of the Americas is located along the banks of the Mississippi River in the Historic French Quarter.

REGISTRATION/ FEE/ PAYMENT

Early Bird fee	\$200
Fee after March 14, 2005	\$250
Discounted fee, HCA Healthcare Affiliates	\$200
Discounted fee, TUHSC employees	\$150
Discounted fee, TUHC employees	\$ 50

An additional fee of \$25 will be assessed for on site registrations. Cash or money order payments only will be accepted for on-site registration.

Pre-registration is required. Complete the registration form and return with a check payable to Tulane Education Resource Center. Please contact us to reserve seating and course materials at (504) 988-6653 in the event that registration fees will not arrive by pre-registration deadline. The fee per person includes the program, refreshments as indicated on program and handouts.

DISCOUNT

Registrants of five or more mailed in the same envelope will receive a 10% discount per person. (Not applicable for TUHC employees)

CANCELLATION

Registration fee, less a \$25 administration fee, will be refunded if cancellation is received 24 hours prior to the first day of the course. In the event that Tulane University Hospital & Clinic should have to cancel a program, all prepaid fees will be refunded.

REGISTRATION FORM

Call 1-800-588-5300 to register. Call 504-988-5563 or visit our website at www.tuhc.com for more information.

Mail this form with payment to: Education Resource Center - EP2, Tulane University Hospital & Clinic, 1415 Tulane Avenue, New Orleans, LA 70112. Please use a separate form (make as many copies as needed) for each course/registrant. Please print all information.

Name: _____ Title/Credentials: _____

Soc. Sec. #: _____ Home Address: _____

City: _____ State: _____ Zip: _____

Employer: _____ Title/Position: _____

Home Phone #: _____ Bus. Phone #: _____

E-Mail address: _____

Course Name/Date: Innovations in Professional Nursing Practice: Current Perspectives in Pediatric Pain Management – “No Pain More Gain”
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PAYMENT: Total amount enclosed \$ _____

Make check or money order payable to **Tulane Education Resource Center**.

For further information about this educational activity, contact:

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